



Chinmaya Vedanta Heritage Centre

www.chinmayatoronto.org | 8832 The Gore Road, Brampton, ON L6P 0B1



2017 / 2018 Winter & Spring Classes

DAY	TIME	TYPE	STUDY TOPIC	LOCATION	CONTACT
Monday	7:00 pm – 8:30 pm	Adult & Young Professionals	Bhagavad Gita, Ch 10	Mississauga	647-889-4462
Monday	4:15 pm – 6:00 pm	Adult	Manah Shodhanam	Markham	905-477-1552
Tuesday	11:30 am – 1:00 pm	Adult	Tattva Bodha	Richmond Hill	905-883-1992
Tuesday	7:30 pm – 9:00 pm	Adult	Bhagavad Gita, Ch 16	Shivalaya	905-913-2377
Wednesday	7:30 pm – 9:00 pm	Adult	Bhagavad Gita, Ch 9	Markham	905-477-1552
Wednesday	8:30 pm – 9:30 pm	Adult & Young Professionals	Foundation Vedanta Course	Online	devandgina@gmail.com
Thursday	10:30 am – 12:00 pm	Adult	Vivekachoodamani	Don Mills	416-445-3324
Thursday	7:00 pm – 8:30 pm	Youth & Young Professionals	Vision of Bhagavad Gita	Toronto Downtown	647-261-7425 647-888-7319
Friday	10:30 am – 12:00 pm	Adult	Vivekachoodamani	Shivalaya	905-913-2377
Saturday	6:00 am – 7:00 am	Adult	Upadesha Saara *new*	Online	devandgina@gmail.com
Saturday	7:30 am - 8:00 am	Adult	Guided Meditation	Shivalaya	905-913-2377
Saturday	8:00 am – 9:00 am	Adult	Bhagavad Gita, Ch 13	Shivalaya	905-913-2377
Saturday	10:30 am – 12:00 pm	Adult	Upadesha Saara *new*	Shivalaya	905-913-2377
Sunday	9:00 am – 10:00 pm	Adult	Manah Shodhanam *new*	Shivalaya	905-913-2377
Sunday	10:00 am – 12:00 pm	Family	Bala Vihar Program: Toddlers, Children, Youth and Adults	Shivalaya	905-913-2377 647-889-4462
Sunday	10:45 am – 11:45 am	Adult	Meditation & Life & Hanuman Chalisa	Shivalaya	905-913-2377
Sunday	10:45 am – 11:45 am	Adult	Sadhana Panchakam & Hanuman Chalisa	Shivalaya	647-889-4462
Sunday	10:00 am – 11:30 am	Adult	Various Vedantic Topics	Toronto - Beaches	416-254-6355

For more information please contact us at 905-913-2377 or 647-889-4462 | www.chinmayatoronto.org